



SACRED HEART STUDENT WELLBEING POLICY

SACRED HEART SCHOOL IS A CHILD SAFE SCHOOL

Rationale:

The emotional and physical wellbeing of our students is pivotal to their success at school, as adolescents, and in their future lives. Physically and emotionally healthy students are happy, able to deal positively with life's challenges, experience a sense of connectedness with the school and others, and are well placed to develop into well-balanced and successful young adults.

Aims:

- To provide an educational environment which recognises, values and builds student wellbeing.
- To promote inclusion of all.
- To develop students who are physically and emotionally healthy.

Implementation:

- Developing the wellbeing of our students is central to our role as educators and reflected in our whole school philosophy.
- Our school will value and encourage student individuality, differences and diversity.
- A culture of positive reinforcement and encouragement will permeate all facets of our school.
- A Student Wellbeing team consisting of staff, parents, students and external agencies will be established to develop and oversee a whole school Student Wellbeing strategy.
- Sacred Heart will align documentation and procedures with current legislative and CECV requirements.
- Programs that provide for the emotional and social health of students will be included in our curriculum provision e.g. Kidsmatter.
- The curriculum based, on Victorian Curriculum, will be broad, provide for the needs of individual students and cater for diverse learning styles.
- Programs that support the wellbeing of parents and families will be available and may include:
 - Alannah and Madeleine Foundation "Better Buddies" program
 - eSmart framework
 - Drug Education
 - Life Education
 - resilience, social skills, conflict resolution and problem solving
- The school will provide a trained Student Wellbeing Leader and will access CEM regional and network staff with wellbeing and/or welfare expertise as required.
- Programs dealing with issues such as Drug Education will form part of the school's Student Wellbeing program.
- Staff will be made aware of professional development opportunities related to student wellbeing, and items pertaining to the wellbeing of students will be included on staff meeting agendas.
- Student achievement will be regularly showcased and publicly recognised.

It is our goal to provide comparable educational experiences for all students, those with a disability and those for whom there is not a diagnosis.

Reasonable adjustments which balance the interests of all parties affected will be implemented.

Judgements about what is reasonable may change over time.